

**Integrated Community Development Campaign (ICDC-Nepal)  
Nilakantha-8, Dhading**



**Narrative Report**

of

**EMERGENCY RESPONSE PROJECT IN NEPAL**

April 2020 to Oct 2021

**Submitted to**

**Nepal-Inzlingen, Hilfe für Kinder e.V. / Mr. KlausBender**

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## Project Summary

<b>Title of the Project:</b>	EMERGENCY RESPONSE PROJECT IN NEPAL
<b>Project Period:</b>	April 2020 to Oct 2021
<b>Location of the Project:</b>	Dhading District, Nepal (Catchment areas of the ICDC Nepal, i.e., Nilkantha Municipality, Netrawati Dabjong RM, Jwalamukhi RM, Siddalek RM, Galchhi RM, Gajuri RM and Benighat Rorang RM)
<b>Implementing NGO (address, person responsible):</b>	ICDC Nepal
<b>Reporting Period:</b>	April 2020 to Oct 2021
<b>Total fund received from donor (NPR)</b>	1433290.16
<b>Total expenditure (NPR)</b>	1440211.99
<b>ICDC Contribution (NPR)</b>	6921.83

## Target vs Achievement Summary

Activity	Target	Achievement
<b><u>A. From Support of Rheinland-Lorraine-Nepal e.V. (RLN) &amp; NI €4000 in 2020</u></b>		
Food support for needy families	120 families	121 needy families
Health kit support to health facilities	2 health posts	2 health posts
<b><u>B. From Support of NI €1500</u></b>		
Psychosocial counseling support	150 people in 400 sessions	142 Covid positive in 400 sessions
Support food for needy family	15 needy families	16 needy families
Hygiene kit support to the home isolated person with corona positive	80 persons	90 persons
<b><u>C. From Support of W. P. Schmitz-Stiftung &amp; NI €2000</u></b>		
Support to health facility of NetrawatiDabjong RM 4:	1 health facility	1 health facility
Food Support for needy family	25 family	23 family
Hygiene kit support to the home isolated person with corona positive and vulnerable families	120 family	125 family
Awareness raising and	2 health volunteers	2 health volunteers

mobilization of health volunteer	mobilization and miking from vehicle	mobilization and miking from vehicle
<b><u>D. From support of Schöck-Familien-Stiftung €3000</u></b>		
Food item support to 65 families	65 families	65 families
Health and sanitation kit support to 65 families	65 families	68 families
Mat, tarpaulin, and blanket support to the needy families	20 families	16 families
Distribute mask, sanitizer and soap in remote villages (Approximately in 155 families)	155 families	135 families
Miking and phumpleting	5000 poster printing and distribution, miking from vehicle	5000 poster printing and distribution, miking from vehicle in

## Introduction

The outbreak of new coronavirus disease (COVID-19) came as a cause for respiratory illness worldwide, and WHO declared the condition as a global pandemic instantly. With the arrival of COVID-19 (Coronavirus): a global pandemic in Nepal, the country has implemented a serial lockdown. As a consequence, many people who settle their daily life working in small industries and hotels as the daily workers and porters around the Dhading were in real trouble. They lost their work and income. They were obliged to struggle to survive without basic food supplies and other basic health facilities. Besides it, lack of awareness programmes against COVID 19, and negligence of COVID infected people had made them more vulnerable. On the other hand, the heavy monsoon fall in mid June & July 2021 create massive floods and landslides across the country including Dhading. Many people were homeless and lacked food. To address such issues, ICDC in partnership with Nepal Inzlingen, Hilfefür Kinder e.V., started some emergency response activities inside the catchment area of the organization Integrated Community Development Campaign (ICDC).

## Activities in Detail

### A. From Support of RLN & NI €4.000 in 2020

#### **Food support for needy families**

Government of Nepal announced nationwide lockdown on 23rd of March 2020 analyzing the increasing Covid 19 situation in Nepal. It was an unexpected and impractical situation for the Nepalese. After the nationwide shutdown due to the Corona pandemic, the poor, helpless daily workers struggling to make ends meet were facing the problem of hunger.

This project has provided Food materials to 121 poor, helpless and wage earning families in different villages of Dhading district based on the recommendations of the concerned municipality and ward office. Each of the beneficiaries have received 1 bag of 25 Kg rice, 3 kg of pulses, 2 liters of cooking oil, 2 kg of salt and 2 bath soaps. Such support has been contributed to fulfil their immediate need for food.

#### **Details of food support:**

SN	Date	Place	Particulars	# of beneficiaries
1.	5 <sup>th</sup> April 2020	Salayntar village of Tripurasundari Rural Municipality	Each family received 1 bag of 25 Kg rice, 3 kg of pulses, 2 liters of cooking oil, 2 kg of salt and 2 bath soaps	30
2	21 <sup>st</sup> April 2020	Gajuri Rural Municipality- 3		12
3	22 <sup>nd</sup> May 2020	Tamang Community of Jwalamukhi Rural Municipality		22
4	23 <sup>rd</sup> May 2020	Muralibhanjyang village of Neelkantha Municipality		16
5	29 <sup>th</sup> Sept 2020	Jwalmukhi Rural Municipality		15
6	Different dates	Supported from ICDC Office to different needy family		26
		<b>Total Beneficiaries</b>		<b>121</b>

#### **Health kit support to health facilities**

Since the infection of the coronavirus, the number of cases has continued to increase. All the health posts were full of corona patients. The rural health centers are being operated having limited resources, the health centers in the rural areas were running out of the stock medicine and materials. The patients could not get proper treatment. The risk of corona infection was also higher in the patient crowd.

This project has provided essential health and sanitation material to the Dhola health post and Salbash health post located in Jwalamukhi RM 4. The support has been utilized by the health workers of respective health posts to fight the coronavirus disease. It has contributed for the effective delivery of the services by the health posts.

### Health kit support details:

SN	Date	Name of the Health Facility	Address	Supported Items
1	13 <sup>th</sup> Sept, 2020	Dhola Health Post	Jwalamukhi-4, Dhading District, Nepal	Mini folding bed-1, Normal Bed-1, PPE Set- 2, N95 Mask-10, General Mask-100, Sanitizer – 5ltr, Harpic, Fennel and brush set- 2, Water filter-1, Drinking water Jug-2, Dust bin -1 and Thermal Gun -1 per health facility.
2	22 <sup>nd</sup> Sept, 2020	Salbas Health Post	Jwalamukhi-6-7, Dhading District, Nepal	

### B. From Support of NI €1.500

#### **Psychosocial counselling support**

Psychosocial counseling is the process of counseling an individual, family, or group during one or more sessions to support the process of overcoming environmental, emotional, or social problems that are affecting the health and well-being of the people. Many people were facing psychosocial and mental health problems due to the COVID 19. During this pandemic, corona positive people were feeling psychological pressure like anxiety, depression and stress because they are not able to come out of their homes, they have fear of not getting treatment and fear of death, they were not able to fulfill their needs. They were becoming unconscious about their daily activities. To overcome such issues, this project has conducted 400 sessions of telephone Psycho-Social counselling for the 142 (83M/59F) different cases based on the recommendation received from the health units of respective RM. It was not possible to meet people face to face due to the COVID situation. The trained psychosocial counselors have been in regular touch with the needy client; hear his/ her problems and provide necessary information as required.

#### Psychosocial counseling support details:

SN	Place/ Area	Male cases	Female cases	Total cases
1	Jwalamukhi RM	35	26	61
2	Nilkantha Municipality	37	27	64
3	Netrawati Dabjong RM	9	5	14
4	Siddalek RM	2	1	3
	<b>Total</b>	<b>83</b>	<b>59</b>	<b>142</b>

This kind of initiative has been fruitful for the speedy recovery of the corona positive and also been able to minimize the spread rate. Many affected people expressed their high appreciation.

### **Support food for needy family**

Many of the corona positives of Dhading district belong to poor families. They are managing their food from the income of daily wages. Some of the family earners are corona positive and they do not have sufficient food. The vulnerable persons with corona positive have high mortality rate due to the weak immunity power to fight against the effect of coronavirus. Similarly many of the daily based workers are unable to arrange their food due to the pandemic situation.

This project has provided food support for the 23 vulnerable and corona positive families of Netrawati Dabjong RM 4. Each of the beneficiaries have received 1 bag of 25 Kg rice , 2 Kg of Dal , 1 liter of oil and 1 bag of salt as hygienic food items. This support helped the corona affected people to get rid form the additional financial burden and also supported them for speedy recovery of those who were corona positive.

#### **Food Support for needy family details:**

<b>SN</b>	<b>Date</b>	<b>Place</b>	<b>Particulars</b>	<b># of beneficiaries</b>
1	19 <sup>th</sup> June, 2021	Tripurasundari 2	1 bag of 25 Kg rice , 2 Kg of Dal , 1 liter of oil and 1 bag of salt	9
2	19 <sup>th</sup> June, 2021	Netrawati 4		2
3	11 <sup>th</sup> June, 2021	Nilkantha 8		3
4	12 <sup>th</sup> June, 2021	Jwalamukhi 5		2
			<b>Total</b>	<b>16</b>

### **Hygiene kit support to the home isolated person with Corona positive**

Maintaining personal hygiene is essential for health and it is compulsory for the sick and weak people. Dhading district is the poorest and a hilly district of Nepal. Most of the people live in a small house with a limited facility. Once a corona positive is found in a family, they hardly find separate space in their house and it is very difficult to manage all the material that needs to be separately used by such a person. It is very difficult for them to follow the safety measures and cases are spreading.

This Project has provided the below mentioned support to the 90 people of corona positive and vulnerable families of Nilkantha municipality, in the district. Each person received 1 packet of surgical masks, 1 sanitizer, 4 soaps, surgical gloves and 1 packet of sanitary pad for females.

This support helped to get essential materials in needed time create additional awareness to the people of the vulnerable communities and also supported them for speedy recovery.

**Hygiene kit support details:**

SN	Date	Place	Particulars	# of beneficiaries
1	21 <sup>st</sup> June, 2021	Nilkantha Municipality	1 packet of surgical masks, 1 sanitizer, 4soaps , surgical gloves and 1 packet of sanitary pad for female	90 ( 55 Male and 35 Female)

**C. From Support of W. P. Schmitz-Stiftung & NI €2.000**

**Support to health facility of Netrawati Dabjong RM 4**

The major problem of the health units in local as well as national level in pandemic situations is scarcity of medical equipment, medicine and related materials. The rural health centers are being operated having limited resources, with the increase of the number of coronavirus patients, the health centers in the rural areas are running out of the stock medicine and materials. Therefore, the project provided the Bhokteni health center located in Netrawati Dabjong RM 4 with mini-folding bed set, PPE set, oximeter, thermal gun, N95 masks, digital thermometer, water filter, surgical masks, surgical gloves and sanitizer. The support has been utilized by the health workers of Bhokteni health center to fight the coronavirus disease.

S N	Support materials provided to the health facility of NetrawatiDabjong RM 4
1	2 beds, 7 oximeter, 1 water filter with 2 jug, 2 Thermal Gun, 10 packets of surgical mask, 10 liter sanitizer, 10 boxes of surgical gloves, 5 set of PPE and 20 face shield supported on 22 <sup>nd</sup> June, 2021.

**Food Support for needy family**

This project has continued its food support activities to the needy people based on the request from the respective rural/ municipalities. This time, 23 vulnerable and corona positive families of Netrawati Dabjong RM have been supported. They have received 1 bag of 25 Kg rice, 2 Kg of Dal, 1 liter of oil and 1 bag of salt as hygienic food items. All the people belong to poor Dalit and Janjati families of Netrawati Dabjong Ward No.4 and most of the family members are found corona positive. This support has fulfilled their immediate need for food for their family. It has also helped the corona affected people to get rid form the additional financial burden and supported them for speedy recovery.



### **Food Support for needy family details:**

<b>SN</b>	<b>Date</b>	<b>Place</b>	<b>Particulars</b>	<b># of beneficiaries</b>
1	23 <sup>rd</sup> June, 2021	NetrawatiDabjong RM 4	1 bag of 25 Kg rice costing , 2 Kg of Dal , 1 liter of oil and 1 bag of salt	23

### **Hygiene kit support to the home isolated person with corona positive and vulnerable family**

This Project has continued its hygiene kit support to the needy people. This time, 125 people of the corona positive and vulnerable families of Netrawati Dabjong RM 4 have been supported based on the recommendation of the respective ward. Each person received 1 packet of surgical masks, 1 sanitizer, 4 soaps, surgical gloves and 1 packet of sanitary pad for females. This support helped to get essentials materials in needed time, create additional awareness to the people of the vulnerable communities and also supported them for speedy recovery.

### **Hygiene kit support details:**

<b>SN</b>	<b>Date</b>	<b>Place</b>	<b>Particulars</b>	<b># of beneficiaries</b>
1	22 <sup>nd</sup> June, 2021	Netrawati Dabjong RM 4	1 packet of surgical masks, 1 sanitizer, 4soaps , surgical gloves and 1 packet of sanitary pad for females	125 ( 75 Male and 50 Female)

### **Awareness rising**

The root cause for the spread of Coronavirus violently, is ignorance of its effect. Most of the rural people take Coronavirus as one of the common diseases until they are affected themselves. The people also have less idea to prevent the spread of the fatal disease. It is very important to create awareness among the public to be able to take timely preventive measures.

This project has printed 5000 pamphlets with the preventive message of COVID 19 and distributed to the community people. Similarly, an office vehicle has been used to broadcast the awareness jingle using a loudspeaker. ICDC has been able to reach different communities and settlements of targeted rural/municipalities doing public awareness about COVID 19, its symptoms, treatment, transmission, regular hand washing, maintain social distance along with important contact details in case of emergency. Remote areas, Dalit and Janjati communities have been given priority while doing these activities. ICDC has been able to reach 8 communities of Netrawati Dabjong RM, 2 communities of Jwalamukhi RM and 9 communities of Nilkantha RM during this period.

### **Mobilization of health volunteer**

This project has mobilized 2 health volunteers of Netrawati Dabjong RM Ward #4 for a one month time period to provide essential support to the home isolated corona positive of that particular community. During the startup of 2<sup>nd</sup> phase of COVID 19 in Dhading, the community was known for the origin point as 42 out of 44 tested were found positive for the first time. The volunteers were responsible to reach out to the Corona positive and provided them necessary instructions about do's and don't, pulse and fever checking of the patient.

This initiative was very much fruitful. It informs the Corona patient about the safety measures that they need to follow. It somehow reduced the spread rate. Positives with critical situations got an opportunity to reach the hospital in time and saved their life.

### **D. From support of Schöck-Familien-Stiftung €3.000**

#### **Food item support to 65 Families**

This project has continued its food support activities to the needy people based on the request from the respective rural/ municipalities.

Bhenighat Rorang RM Ward No 6 is the settlement of Chepang (one of the minority communities of the nation). They live their lives through daily wages. Due to the pandemic and lockdown situation, 227 families are under starvation. The Civil society members of Dhaing jointly organized a campaign to provide them food for their lives in the district. ICDC has supported rice and dal equivalent to NPR 30000 equal to 15 families. Overall 227 families were supported with 1 bag of rice, 3 kg of Dal and 2 kg of salt.

Similarly, based on the request of Glachhi RM, food items have been provided to 50 poor and Corona positive families to fulfil their essential need of food. 1 bag of 25 Kg rice, 3 Kg of Dal , 2 liters of Oil and 2 bags of salt are provided.

#### **Food Support details:**

<b>SN</b>	<b>Date</b>	<b>Place</b>	<b>Particulars</b>	<b># of beneficiaries</b>
1	7 <sup>th</sup> July, 2021	Benighat Rorang RM	Rice, salt and Dal Equivalent to NPR 30000	Equivalent to 15 Family
2	7 <sup>th</sup> September, 2021	Galchhi RM	1 bag of 25 Kg rice , 3 Kg of Dal , 2 liter of oil and 2 bags of salt	50 Family

## Health and sanitation kit support to 65 families

This Project has continued its hygiene kit support to the needy people. This time, 65 people of Corona positive and vulnerable families following RM have been supported based on the recommendation of the respective authorities. Each of the people received 1 packet of surgical masks, 1 sanitizer, 4 soaps, surgical gloves and 1 packet of sanitary pad for females. This support helped to get essential material in needed time, create additional awareness to the people of the vulnerable communities and also supported them for speedy recovery.

### Health and sanitation kit support details:

SN	Date	Place	Particulars	# of beneficiaries
1	23 <sup>rd</sup> Sept, 2021	Jwalamukhi RM 6	1 packet of surgical masks, 1 sanitizer, 4 soaps, surgical gloves and 1 packet of sanitary pad for female	18
2	24 <sup>th</sup> Sept, 2021	Netrawati RM 4		16
3	25 <sup>th</sup> Sept, 2021	Nilkantha Municipality 8		17
4	26 <sup>th</sup> Sept, 2021	Siddhalek RM 4		17
			Total	65 families

## Mat, tarpaulin, and blanket support to the needy families

The heavy monsoon fall in mid June & July 2021 created massive floods and landslides across the country including Dhading. This project has been able to provide support to the needy families of its catchment area. One support has been supported at the Nilkantha municipality -8. The house of the concerned was in danger due to the land slide. A big size of hard plastic has been supported to cover the landslide area at the upper side of the house to reduce the further loss. Later on the local government has supported the management of that land.

Similarly a big land slide occurred in Damaichhap area of Netrawati Dabjong area damaged 15 houses. This program has supported tarpaulin to each family for their essential arrangement and food items for immediate requirement fulfillment. Later on they have repaired their houses, and local authority has done basic prevention activities at the landslide area. The settlement is supposed to be transferred to the safety area. The local authority is planning for that.

### Support details:

SN	Date	Place	Particulars	# of beneficiaries
1	3 <sup>rd</sup> July, 2021	Nilkantha Municipality 8	Tarpaulin (20*40 ft)	1 family
2	1 <sup>st</sup> Sept, 2021	NetrawatiDabjong 4	Each family supported 1 Tarpaulin (116/600 inch), 1 bag of 25 kg rice, 3 kg Dal, 2 Kg of salt and 2 liter of oil	15 families

## **Distribute mask, sanitizer and soap in remote villages (approximately in 155 Families)**

This project has distributed masks, sanitizer and soap in remote areas covering 135 families. Some of the families are still not aware about the safety measure and some of the families have not even capacity to procure safety items. So we found that children are coming to school without wearing masks. The support has been provided at the Gayatri devi Basic school of Nilkantha Municipality 4 and Chakra Mahakali basic School of Siddalek RM 4. This support has been fruitful to make a level of awareness to the students and family members. Also this minimized the spread of Corona cases.

### **Support details:**

<b>SN</b>	<b>Date</b>	<b>Place</b>	<b>Particulars</b>	<b># of beneficiaries</b>
1	5 <sup>th</sup> Sept, 2021	Gayatri devi Basic school of Nilkantha Municipality 4	15 packets of surgical mask, 2 (500ml) sanitizer, 12 Soaps , 5 digital thermometer	45 families
2	30 <sup>th</sup> Aug, 2021	Chakra Mahakali School of Siddalek RM 4	25surgical Mask, 1 sanitizer, 2 Soap	90 families

### **Miking and phumpleting**

This project continued awareness raising through pamphlet distribution and miking using the office vehicle. ICDC has been able to reach 3 communities of Galchhi RM, 2 communities of Netrawati RM, 4 Communities Siddalek RM, 5 communities of Nilkantha municipality and 3 communities of Jwalamukhi RM this tenure. Around 10.000 people are aware of these initiatives.

## **Project achievements**

- Psycho-social counselling: project has achieved 400 sessions of psycho-social counselling classes for 142 (83M/59F) cases.
- Food support: Project has been able to provide food support for the 225 needy families of different communities.
- Hygiene kit support: Project has supported 283 vulnerable Corona positive patients in this reporting period.
- Support to the health facility: Project has provided planned health materials for 3 health institutions.
- Awareness rising: Around 10.000 people are aware of the corona preventative measures.

- Mat, tarpaulin, and blanket support to the needy families: 16 families received essential support.
- Distribute mask, sanitizer and soap in remote villages: 135 families received such support.

## **Coordination and collaboration**

This project was implemented in different locations of the district for decreasing the risks of the Covid 19, to strengthen the capacity of the health institutions, to provide essential support to the flood and landslide victims, hygiene and food support to the vulnerable Corona positive people, awareness on Covid 19 preventative measures and psycho- social counseling support to the community people. We have developed strong cooperation and collaboration with the concerned stakeholders and authorities for the effective implementation of the proposed activities. Inception, regular meetings, discussions with local government, health institutions, CBOs and other relevant parties were part of the activities. All of the stakeholders took part in the project actively, the concerned authorities supported the project team to provide the support materials to the target groups and also they monitored the project activities. Similarly, participatory approach is applied to make effective cooperation of key actors.

## **Long term impact of the project**

This project has various intervention areas which can create changes in the community. Long term impacts can be seen through the intervention of the people and in the community. 3 Health institution of Netrawati Dabjong RM and Jwalamukhi RM received health materials which support them for their effective service delivery. Projects have handed over different materials to support their effective delivery. The PPE set, N 95 mask, sanitizer and gloves immediately brought differences in their capacity and services. Whereas, surgical beds, thermal gun, oximeter and water filter bring long term impacts in the area of health services in the rural communities. Huge number of community people can receive treatment using such equipment from their rural health institutions.

Similarly, the project has been conducting Psycho-social counseling classes which will support an individual and additionally spread the information in the large number of people. Counseling support is enhanced to reduce the different types of weakness of people and make them mentally fit. Impact of counseling support spreads the positive and healthy messages in the community for a long period of time. Additionally, community people will respect to Covid 19 positive people and generalize the Covid positive issues in the community. Before some months, community people thought that being affected by Covid is sin, but after the support they have been living dignified lives in the community.

This project has different intervention areas which bring long term impacts positively such as change in habits, status of the strength, level of knowledge, level of understanding etc in the community through creating awareness, individual support, and capacity enhancement for direct planned target groups and indirect groups of people.

## Lessons learned

- Psycho-social counseling classes and case handling during Covid through telephone became a better option of decreasing stress anxiety, depression and trauma during this Corona period.
- Miking & pamphlets distribution and mask sanitizer distribution can be effective ways of preventative awareness on Covid 19 situations.
- Fulfillment of essential requirements during pandemic situations contributes to people for their quick recovery.

## Income and Expenditures details

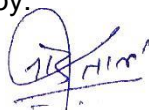
SN	Particulars	Income (NPR)	SN	Particular	Expenses (NPR)
	<b>A. From Support of RLN &amp; NI €4.000 in 2020</b>		<b>A</b>	<b>From Support of RLN &amp; NI €4.000 in 2020</b>	
1	Fund Received on 5th April	258,140.00		Food support for needy family	405,040.00
2	Fund Received on 29th July 2020	271,024.04		Health kit support to health facilities	130,163.94
	<b>B. From Support of NI €1.500</b>		<b>B</b>	<b>From Support of NI €1.500</b>	
1	Fund Received on 30th May 2021	208,081.92	1	Psychosocial counseling support	120,000.00
			2	Support food for needy family	39,715.00
			3	Hygiene kit support to the home isolated person with Corona positive	48,500.00
	<b>C. From Support of W. P. Schmitz-Stiftung &amp; NI €2.000</b>		<b>C</b>	<b>From Support of W. P. Schmitz-Stiftung &amp; NI €2.000</b>	
2	Fund Received on 8th June 2021	68,466.40	1	Support to health facility of Netrawati Dabjong RM 4:	98,551.60
3	Fund Received on 10th June 2021	209,168.16	2	Food Support for 23 needy family	55,295.00
			3	Hygiene kit support to the home isolated person with corona positive and vulnerable family	91,650.00
			4	Awareness raising and mobilization of health volunteer	32,500.00

<b>D. From support of Schöck-Familien-Stiftung €3.000</b>			<b>D</b>	<b>From support of Schöck-Familien-Stiftung €3.000</b>	
	Fund Received on 30th June 2021	418,409.64	1	Food item support to 65 Families	166,150.00
			2	Health and sanitation kit support to 65 families	63,975.00
			3	Mat, tarpaulin, and blanket support to the needy families	81,851.45
			4	Distribute mask, sanitizer and soap in remote villages (Approximately in 155 Families)	58,320.00
5	ICDC Contribution	6,921.83	5	Miking and phumpleting	43,500.00
			6	SWC Approval	5,000.00
	<b>Total</b>	<b>1,440,211.99</b>		<b>Total</b>	<b>1,440,211.99</b>

Photographs are attached in separate file.

Submitted by:

Signature:



Name: Binod Rijal

Position: Program Manager

Date: 17<sup>th</sup> November, 2021

